

| Month             | Date                      | Time   | Event   | Location and Contact   |
|-------------------|---------------------------|--|---|--|
| FEBRUARY          | Saturday 4th              | 8:00am   | Bronze Level Coaching Course  | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
|                   | Sunday 5th                | 8:00am   |   |  |
|                   | Saturday 11th             | 2:00pm   | Regional State Squad Training   | 12 Wilson St - South Lismore<br>D. Marshall Mob: 0422 559 484<br>T. Usher Mob: 0415 142 993        |
|                   | Sunday 12th               | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
| 11:30am<br>1:00pm |                           | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above                        |   |  |
| Saturday 18th     | 8:30am                    | Sydney International Karate Championships  | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                      |  |
| Sunday 19th       | 8:30am                    |  |   |  |
| MARCH             | Sunday 4th                | 9:00am   | Sydney All Styles Karate Championships  | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
|                   | Saturday 10th             | 2:00pm   | Regional State Squad Training   | 46 Newbridge Street - South Lismore<br>T. Usher Mob: 0415 142 993<br>D. Marshall Mob: 0422 559 484 |
|                   | Friday 9th to Sunday 11th | 9:00am   | Open Summer Course  | T.Hails Ph: 95276915<br>www.ishinryukarate.com.au  |
|                   | Sunday 25th               | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
|                   |                           | 11:30am<br>1:00pm  | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above               |  |
|                   | Friday 30th               | 6:30pm   | Referees Seminar/Clinic<br>Kata & Kumite  | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
|                   | Saturday 31st             | 8:30am   | New South Wales State Championships<br>1 Day Event<br><b>COMPULSORY FOR SELECTION</b> | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993                                   |
| 7:30pm            |                           | NSWKF Annual Awards Evening<br>Announce the 2011 State Team<br><b>COMPULSORY FOR SELECTION</b> | Fontana Amarosa Function Centre<br>Forbes St. Liverpool<br>W. Zahra Mob: 0419 270 993 |  |
| APRIL             | Saturday 7th              | 2:00pm   | Regional State Squad Training   | 12 Wilson St - South Lismore<br>D. Marshall Mob: 0422 559 484<br>T. Usher Mob: 0415 142 993        |

| Month             | Date                         | Time   | Event   | Location and Contact  |
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| APRIL             | Sunday 15th                  | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
|                   |                              | 11:30am<br>1:00pm  | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above |   |
|                   | Friday 20th to Sunday 22nd   | 8:30am   | Australian Open Sydney  | Whitlam Leisure Centre - Liverpool<br>Erin Brealey<br>AKF Administration Manager<br>www.akf.com.au<br>Wally Zahra Mob: 0419 270 993 |
| MAY               | Saturday 12th                | 2:00pm   | Regional State Squad Training   | 46 Newbridge Street - South Lismore<br>T. Usher Mob: 0415 142 993<br>D. Marshall Mob: 0422 559 484                                  |
|                   | Sunday 20th                  | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
|                   |                              | 11:30am<br>1:00pm  | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above |   |
|                   | Friday 25th                  | 6:30pm   | Referee's Seminar/Clinic<br>Kata and Kumite                             | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
| Saturday 26th     | 8:30am                       | New South Wales<br>Open Championships<br>1 Day Event<br><b>COMPULSORY FOR STATE TEAM</b> | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993        |   |
| JUNE              | Saturday 2nd                 | 2:00pm   | Regional State Squad Training   | 12 Wilson St - South Lismore<br>T. Usher Mob: 0415 142 993<br>D. Marshall Mob: 0422 559 484   |
|                   | Sunday 3rd                   | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
| 11:30am<br>1:00pm |                              | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above                  |   |   |
| JULY              | Saturday 7th                 | 2:00pm   | Regional State Squad Training   | 46 Newbridge Street - South Lismore<br>T. Usher Mob: 0415 142 993<br>D. Marshall Mob: 0422 559 484                                  |
|                   | Sunday 8th                   | 10:00am  | State Squad Training Kata   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
|                   |                              | 11:30am<br>1:00pm  | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above |   |
|                   | Sunday 15th                  | 9:00am   | Tournament Of Champions   | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993  |
| Sunday 29th       | 10:00am                      | State Squad Training Kata  | Whitlam Leisure Centre - Liverpool<br>W. Zahra Mob: 0419 270 993        |   |
|                   | 11:30am<br>1:00pm            | State Squad Training Kumite<br>15 Years and Under<br>16 Years and Above                  |   |   |
| AUG               | Friday 3rd to Sunday 5th     | 8:30am   | AKF National Karate<br>Championships<br>Melbourne                       | Erin Brealey<br>AKF Administration Manager<br>Ph: (03) 93382882<br>www.akf.com.au   |
| SEP               | Saturday 15th to Sunday 16th | 8:30am   | Oceania Karate<br>Championships<br>Sydney                               | Whitlam Leisure Centre - Liverpool<br>Erin Brealey<br>AKF Administration Manager<br>www.akf.com.au<br>Wally Zahra Mob: 0419270993   |



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