

Month	Date	Time	Event	Location and Contact
FEBRUARY	Saturday 6th	8:00am	Level One Coaching Seminar	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
	Sunday 7th	8:00am	Level One Coaching Seminar	
	Saturday 13th	2:00pm	Regional State Squad Training	12 Wilson St - South Lismore D. Marshall Mob: 0422 559 484 T. Usher Mob: 0415 142 993
	Sunday 21st	10:00am	State Squad Training Kata	Unit 9/71A Milperra Rd - Revesby W. Zahra Mob: 0419 270 993
11:30am 1:00pm		State Squad Training Kumite 15 Years and Under 16 Years and Above		
MARCH	Sunday 7th	9:00am	Sydney All Styles Karate Cup	Michael Wenden Aquatic Centre 62 Cabramatta Ave - Miller W. Zahra Mob: 0419 270 993
	Friday 12th to Sunday 14th		Open Summer Course	T. Hails Ph: (02) 9527 6915 www.ishinryu.com.au
	Saturday 20th	2:00pm	Regional State Squad Training	46 Newbridge Street - South Lismore T. Usher Mob: 0415 142 993 D. Marshall Mob: 0422 559 484
	Sunday 21st	10:00am	State Squad Training Kata	Unit 9/71A Milperra Rd - Revesby W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
	Friday 26th	6:30pm	Referee's Seminar/Clinic Kata and Kumite	Unit 9/71A Milperra Rd - Revesby W. Zahra Mob: 0419 270 993
	Saturday 27th	8:30am	New South Wales State Championships 1 Day Event COMPULSORY FOR SELECTION	Michael Wenden Aquatic Centre 62 Cabramatta Ave - Miller W. Zahra Mob: 0419 270 993
7:30pm		NSWKF Annual Awards Evening Announce the 2010 State Team COMPULSORY FOR SELECTION	Fontana Amarosa Function Centre Forbes St. Liverpool W. Zahra Mob: 0419 270 993	
APRIL	Friday 9th to Saturday 10th		Australian Open Melbourne	Erin Brealey AKF Administration Manager Ph: (03) 9338 2882 www.akf.com.au
	Sunday 18th	10:00am	State Squad Training Kata	Unit 9/71A Milperra Rd - Revesby W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	

Month	Date	Time	Event	Location and Contact
MAY	Saturday 1st	2:00pm	Regional State Squad Training	46 Newbridge Street - South Lismore T. Usher Mob: 0415 142 993 D. Marshall Mob: 0422 559 484
	Sunday 2nd	10:00am	State Squad Training Kata	Unit 9/71A Milperra Rd - Revesby W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
	Sunday 16th	10:00am	State Squad Training Kata	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
	Friday 28th	6:30pm	Referee's Seminar/Clinic Kata and Kumite	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
Saturday 29th	8:30am	New South Wales Open Championships 1 Day Event COMPULSORY FOR STATE TEAM	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993	
JUNE	Saturday 5th	2:00pm	Regional State Squad Training	12 Wilson St - South Lismore D. Marshall Mob: 0422 559 484 T. Usher Mob: 0415 142 993
	Sunday 13th	10:00am	State Squad Training Kata	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
Sunday 27th	9:00am	Tournament of Champions	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993	
JULY	Saturday 10th	2:00pm	Regional State Squad Training	46 Newbridge Street - South Lismore T. Usher Mob: 0415 142 993 D. Marshall Mob: 0422 559 484
	Sunday 11th	10:00am	State Squad Training Kata	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
	Saturday 17th	2:00pm	Regional State Squad Training	12 Wilson St - South Lismore T. Usher Mob: 0415 142 993 D. Marshall Mob: 0422 559 484
Sunday 18th	10:00am	State Squad Training Kata	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993	
	11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above		
AUGUST	Sunday 1st	10:00am	State Squad Training Kata	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993
		11:30am 1:00pm	State Squad Training Kumite 15 Years and Under 16 Years and Above	
	Friday 6th to Sunday 8th		National Championships	Whitlam Leisure Centre - Liverpool W. Zahra Mob: 0419 270 993



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